



Step-Afrique

Book Review by Gilbert Ang'ana (Founder & CEO Accent Leadership Group);
Leadership Coach, Teacher, Speaker & Advisor!

Leadership Insights to Provoke your Paradigm Shift

The Digest



c) Process

1. Unlearn your limiting beliefs
2. Focus on your positive actions every day until it becomes your habit.
3. Learn every day; Leaders are Learner's; read books that will challenge and provoke your thoughts; engage with people who challenge you to do more etc.

Way forward

1. Turn your obstacles into triumph - turn what stands into your way into the way
2. See your negative emotions as an asset; if you feel lonely love it, because your body is pushing you to connect with others and therefore take action to connect.
3. If you love every obstacles thrown at your way, you will learn that more obstacles offer opportunities to improve your life in some way.
4. Don't wait for setback- simulate ahead of time.

* If we all did the things we are capable of doing we would literally astound ourselves - Thomas Edison

* Be fearful when others are greedy and greedy when others are fearful - Warren Buffet.

Contact us >>>

Accent Leadership Group Ltd; (Step-Afrique)
Email: info@stepafrique.com
Contact: +254, 743990422/ +254, 794209442
www.stepafrique.com

Limitless

UPGRADE your brain, LEARN anything FASTER, & unlock your EXCEPTIONAL Life

by Jim Kwik

Learn the ability to accomplish more--more productivity, more transformation, have more personal success and business achievement--by changing your Mentality, identifying your Incentives, and walking the Process.

b) Incentives

You have the capacity to constantly improve your mental abilities

Reasons for your struggles in Life

(MIP): Mentality; Incentive; Process

a) Mentality

1. You fail because of your limiting mindset and wrong belief.
2. You tend to keep your limiting belief if you keep fighting for them.

Way forward

1. Cast out limiting/restrictive beliefs
2. Create a limitless attitude in all you do. Name the belief; Get to facts; Create new beliefs.

We do not need magic to transform our world. We carry all of the power we need inside ourselves already - J.K. Rowling

1. Incentive or motivation is not what you wake up with
2. It's not something you have!

Life has no limitations except the ones you make
- Les Brown

3. It's not something you experience for a moment and lose
4. It's not derived from seminars that temporarily gives you energy. BUT, it's something YOU do everyday!

Incentive/Motivation = Our Purpose * Energy * Action/momentum

Your purposes drives your action; Your purpose gives you energy to wake up and show up everyday!

**Your personal Culture is nourished by your motivation/incentive*

Way forward

1. What do you want to be known for?
 2. What are you known for today
- * Strive each day to bring the gap between the two until they all speak the same some day!.*